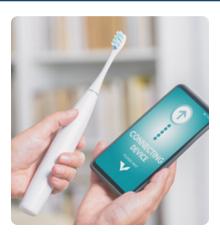
# United Concordia Dental

Protecting More Than Just Your Smile®

# **2022 Wellness Topics Calendar**

## **January**



Whole-Body/Oral Health Connection
Advances in Dental Technology
Sugar Awareness Week

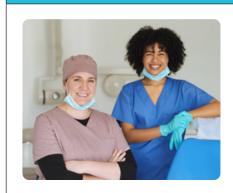
## **February**



Tooth Fairy Day
Gum Disease Awareness Month
American Heart Month
Rheumatoid Arthritis Day
Overcoming Fear of the Dentist
Pet Dental Health Month

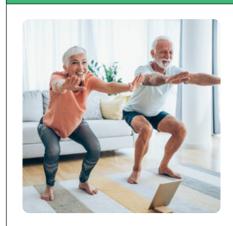
Children's Dental Health Month—

#### March



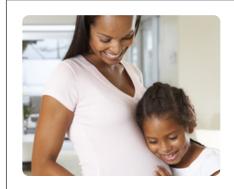
Nutrition Month—Healthy Food for a Healthy Mouth
Sleep Awareness Month—Sleep Apnea
HPV Awareness Day—Oral Cancer Risk Factors
Dentist's Day and Dental Assistant
Recognition Week

## **April**



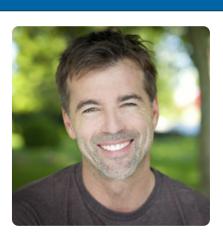
Oral Health Month—Dental Hygienists Week
Oral Cancer Awareness Month—Surprising Risks
Facial Protection Month—
Exercise and Your Mouth

## May



Dental Care Awareness Month—
Oral Care for Expectant Mothers
Asthma and Allergy Awareness Month
Root Canal Awareness Week
Stroke Awareness
Better Hearing and Speech Month

#### June



Men's Oral Health

National Headache and
Migraine Awareness—TMD

Summer Oral Health Routines

## July



Junk Food Day/Family Fun Month— Healthy Snacks
UV Safety Month
Create a Dental Emergency Kit

## **August**



Back-to-School Dental Health
Wellness Month—The Oral Systemic Connection
Fresh Breath Day
Immunization Awareness—
HPV and Risk of Oral Cancer

## September



Gum Care Month

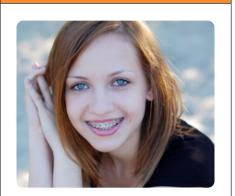
Dental Infection Control Awareness Month

Dental Implant Awareness Month

Healthy Aging Month

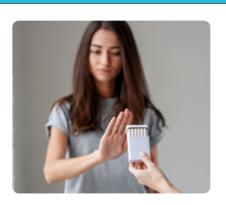
Cold & Flu Prevention

## October



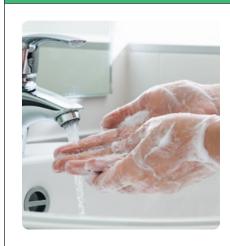
Dental Hygiene Month
Orthodontics Month
Breast Cancer Awareness Month
World Smile Day
Halloween Candy Boos and Dos!

## November



American Diabetes Month
Great American Smoke Out—
Lung and Mouth Cancer Awareness
Osteoporosis Month
Alzheimer's Disease Awareness Month

## December



Handwashing Awareness Month
Stress and Oral Health
Oral Technology Gifts