

2022 Wellness Topics Calendar

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| <div>January</div> <div></div> <div><div>Whole-Body/Oral Health Connection</div><div>Advances in Dental Technology</div><div>Sugar Awareness Week</div></div> | <div>February</div> <div></div> <div><div>Children's Dental Health Month— Tooth Fairy Day</div><div>Gum Disease Awareness Month</div><div>American Heart Month</div><div>Rheumatoid Arthritis Day</div><div>Overcoming Fear of the Dentist</div><div>Pet Dental Health Month</div></div> | <div>March</div> <div></div> <div><div>Nutrition Month—Healthy Food for a Healthy Mouth</div><div>Sleep Awareness Month—Sleep Apnea</div><div>HPV Awareness Day—Oral Cancer Risk Factors</div><div>Dentist's Day and Dental Assistant Recognition Week</div></div> | <div>April</div> <div></div> <div><div>Oral Health Month—Dental Hygienists Week</div><div>Oral Cancer Awareness Month—Surprising Risks</div><div>Facial Protection Month— Exercise and Your Mouth</div></div> | <div>May</div> <div></div> <div><div>Dental Care Awareness Month— Oral Care for Expectant Mothers</div><div>Asthma and Allergy Awareness Month</div><div>Root Canal Awareness Week</div><div>Stroke Awareness</div><div>Better Hearing and Speech Month</div></div> | <div>June</div> <div></div> <div><div>Men's Oral Health</div><div>National Headache and Migraine Awareness—TMD</div><div>Summer Oral Health Routines</div></div> |
| <div>July</div> <div></div> <div><div>Junk Food Day/Family Fun Month— Healthy Snacks</div><div>UV Safety Month</div><div>Create a Dental Emergency Kit</div></div> | <div>August</div> <div></div> <div><div>Back-to-School Dental Health</div><div>Wellness Month—The Oral Systemic Connection</div><div>Fresh Breath Day</div><div>Immunization Awareness— HPV and Risk of Oral Cancer</div></div> | <div>September</div> <div></div> <div><div>Gum Care Month</div><div>Dental Infection Control Awareness Month</div><div>Dental Implant Awareness Month</div><div>Healthy Aging Month</div><div>Cold & Flu Prevention</div></div> | <div>October</div> <div></div> <div><div>Dental Hygiene Month</div><div>Orthodontics Month</div><div>Breast Cancer Awareness Month</div><div>World Smile Day</div><div>Halloween Candy Boos and Dos!</div></div> | <div>November</div> <div></div> <div><div>American Diabetes Month</div><div>Great American Smoke Out— Lung and Mouth Cancer Awareness</div><div>Osteoporosis Month</div><div>Alzheimer's Disease Awareness Month</div></div> | <div>December</div> <div></div> <div><div>Handwashing Awareness Month</div><div>Stress and Oral Health</div><div>Oral Technology Gifts</div></div> |